



Fees

Counselling - 60 minutes (online or in-person)

Introductory session: £45

Subsequent sessions:

Single counselling session (one hour): £70

Block of 6 counselling sessions: £380

Counselling sessions are generally expected to be on a weekly basis as far as possible.

EMDR - 75 minute sessions

Block of 6 sessions: £597

EMDR sessions are generally expected to be on a weekly basis as far as possible.

Coaching - 60 minutes (online or in-person)

30-minute Discovery Call: FREE

Individual coaching session: £85

Block of 3 coaching sessions: £240

Block of 6 coaching sessions: £450

Julia Scott, GMBPsS, PNCPS (Acc)

Room 16, Pure Offices, Pastures Avenue, St Georges, Weston-super-Mare BS22 7SB

Tel: 01934 806968 Email: enquiries@counsellingwestonsupermare.co.uk

www.counsellingwestonsupermare.co.uk



Coaching sessions can be taken individually with no ongoing commitment. If you have a wider issue you want to work on, you may wish to book a block of 4 or 6 sessions.

Counselling Supervision

Initial meeting: Free of charge

90 minute supervision session (monthly contract): £80

Student rate (fortnightly contract): £45

Payment may be made by cash or debit / credit card in the session or online in advance. Online sessions must be paid for in advance.

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