



Fees

Counselling - 60 minutes (online or in-person)

Introductory session: £40

Subsequent sessions:

Single counselling session (one hour): £55

Block of 6 counselling sessions: £297

EMDR - 75 minutes (online or in-person)

Introductory session (to explore whether EMDR is right for you): £40

Block of 4 EMDR sessions: £347

Block of 6 EMDR sessions: £497

After the first block, sessions may be paid for individually if preferred, at a rate of £90 per session.

Coaching - 60 minutes (online or in-person)

30-minute Discovery Call: FREE

Block of 4 coaching sessions: £300

Block of 6 coaching sessions: £450

Sessions can be taken individually with no ongoing commitment. If you have a wider issue you want to work on, you may wish to book a block of 4 or 6 sessions.

Julia Scott, GMBPsS, MNCPS (Snr Accred)

Room 16, Pure Offices, Pastures Avenue, St Georges, Weston-super-Mare BS22 7SB

Tel: 01934 806968 Email: enquiries@counsellingwestonsupermare.co.uk

www.counsellingwestonsupermare.co.uk



Counselling Supervision

Initial meeting: Free of charge

90 minute supervision session (monthly contract): £80

Student rate (fortnightly contract): £45

Payment may be made by cash or debit / credit card in the session or online in advance. Online sessions must be paid for in advance.

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