



Fees

Last updated 15th October, 2023

[Julia's Fees](#) | [Phil's Fees](#)

Julia's Therapies

Counselling

Introductory session: £40

Subsequent sessions:

Single counselling session (one hour): £55

Block of 6 counselling sessions: £297

EMDR

Introductory session (to explore whether EMDR is right for you): £40

Block of 4 EMDR sessions: £347

Block of 6 EMDR sessions: £497

Supervision

Initial meeting: Free of charge

90 minute supervision session (monthly contract): £80

Student rate (fortnightly contract): £45

Julia Scott, GMBPsS, SMNCS

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Tel: 01934 806968 Email: enquiries@counsellingwestonsupermare.co.uk

www.counsellingwestonsupermare.co.uk



Phil's Therapies

Counselling

Introductory session: £25

Subsequent sessions:

Single counselling session (one hour): £45

Block of 6 counselling sessions: £225

Couples Counselling

Introductory meeting (60 mins): £35

Couples counselling session (one hour): £50

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